

Happenings at Fairhaven

Monday, March 3rd at 10:00 am in Olm Fellowship Hall—Bean Bag Baseball

Monday, March 3rd at 1:00pm in Olm Fellowship Hall—Titanic The Musical DVD- A stunning and stirring production focusing on the hopes, dreams, and aspirations of her passengers who each boarded with stories and personal ambitions of their own. 2 hours 25 minutes and there will be an intermission.

Tuesday, March 4th at 10:45 am in Olm Fellowship Hall—Chair Tai Chi w/ Jennifer

Tuesday, March 4th at 6:30 pm in Olm Fellowship Hall—Bingo w/ UW-W Circle K and White-water High School Key Club

Wednesday, March 5th at 10:00 am in Olm Fellowship Hall—Catholic Mass with St. Patrick's Catholic Church

Wednesday, March 5th at 10:00 am in the Piano Lounge—Pet Therapy with Cheryl and Aoife

Wednesday, March 5th at 1:15 pm in Olm Fellowship Hall—City of Whitewater Police & Fire/EMS referendum presentation.

Wednesday, March 5th from 3:00-4:30 pm in Olm Fellowship Hall—Whitewater Arts Alliance St. Patrick's themed art project with special guest Scoopie from Culvers.

Thursday, March 6th—Lunch outing to Rick's Eastside Restaurant- Transportation will leave the front lobby at 10:50am. If interested in going, please sign up at the front desk by Tuesday, March 4th.

Thursday, March 6th at 1:15 pm in Olm Fellowship Hall—Hoo's Woods Raptor Center Presentation: Native owls of WI, Garfield the Great Horned owl, Clark the Barred Owl and Blinky and Ted the Screech Owls.

Thursday, March 6th at 6:00 pm in Olm Fellowship Hall—Ice Cream Social w/ UW-W Delta Chi fraternity

Friday, March 7th from 10:00-11:00 am in the Piano Lounge—Table Games and social visits from UW-W student group Cru, Christian organization

Friday, March 7th at 1:15 pm in Olm Fellowship Hall—Bingo w/ UW-W sorority Delta Zeta

Monday, March 10th from 8:30-10:00 am in Olm Fellowship Hall—Absentee voting day 1

Monday, March 10th at 10:00 am in Olm Fellowship Hall—Bean Bag Baseball

Monday, March 10th at 12:45 pm in Olm Fellowship Hall—Bakers Dozen +/- cooking class

Tuesday, March 11th at 10:45 am in Olm Fellowship Hall—Chair Yoga with Kathy

Tuesday, March 11th at 6:00 pm in Olm Fellowship Hall—Bingo w/ UW-W student group Pre-Health

More Happenings at Fairhaven

Wednesday, March 12th at 10:00 am in the Piano Lounge—Pet Therapy with Cheryl and Aoife

Wednesday, March 12th at 1:15pm in Olm Fellowship Hall—Great American Eclipse DVD from PBS-Nova- Explore the cosmic phenomenon of a total solar eclipse. In April 2024, the Moon's shadow is sweeping from Texas to Maine, as the U.S. witnesses its last total eclipse until 2044, and scientists scramble to unlock the secrets of our Sun. 1 hour

Thursday, March 13th from 1:00-2:30 pm in Olm Fellowship Hall—Absentee voting day 2

Thursday, March 13th at 2:30 pm in the Skylight Dining Room—Cannoli Pie Social

Thursday, March 13th at 5:30 pm in the Piano Lounge—Pet Therapy with Janesville/Beloit Kennel Club

Thursday, March 13th at 6:30 pm in Olm Fellowship Hall—Bingo w/ UW-W student group DE-CA

Friday, March 14th at 1:30 pm in Olm Fellowship Hall—St. Patrick's themed art project w/ UW-W sorority Alpha Sigma

Saturday, March 15th from 10:00-12:00 in the Front Lobby—Whitewater Fiber Arts Group

Saturday, March 15th at 4:00 pm in the Piano Lounge—Saturday Social

Monday, March 17th at 10:30 am in Olm Fellowship Hall—Listen-in w/ Fairhaven CEO Paul Kuenning (no bean bag baseball today)

Monday, March 17th at 3:00 pm in Olm Fellowship Hall—Fairhaven Lecture Series

Tuesday, March 18th at 10:00 am in the B-Lounge—Catholic Communion

Tuesday, March 18th at 10:45 am in Olm Fellowship Hall—Chair Tai Chi with Jennifer

Tuesday, March 18th at 1:00 pm in the D-Lounge—UMC Communion

Tuesday, March 18th at 6:00 pm in Olm Fellowship Hall—Bingo w/ UW-W student group AMA

Wednesday, March 19th at 10:00 am in the Piano Lounge—Pet Therapy w/ Sherri and Suzi

Wednesday, March 19th at 1:00 pm in Olm Fellowship Hall—Matinee movie

Thursday, March 20th at 9:30 am in Olm Fellowship Hall—Resident Council meeting. All are encouraged to attend.

Thursday, March 20th at 1:15 pm in Olm Fellowship Hall—"Wisconsin POW Camps": Bob Block, who is a member of the Oregon Area Historical Society will give a presentation entitled "Wisconsin POW Camps." Most people are unaware that Wisconsin had POW (Prisoners of War) camps during WW!! And are surprised to learn that there were 39 of them having a total of approximately 20,000 POWs. This presentation will give an overview of US POW camps and Wisconsin POW camps. This presentation tells interesting stories of those who may have lived in a community that had a POW camp, those who worked side-by-side with POWs and those who were once prisoners in a POW camp. You will find this presentation to be informative, educational and entertaining.

Even More Happenings at Fairhaven

Thursday, March 20th at 2:30 in the Piano Lounge—Fresh cheese curd sale

Thursday, March 20th at 2:30 in Olm Fellowship Hall—Spring-themed parfait social

Friday, March 21st at 1:15 pm in Olm Fellowship Hall—Bell Choir Winter-themed concert

Friday, March 21st at 1:15 pm in Olm Fellowship Hall—Bingo w/ Angeline Doman, Director of Case Management and Operations at Bethel House in Whitewater.

Monday, March 24th at 10:00 am in Olm Fellowship Hall—Bean Bag Baseball

Monday, March 24th at 3:00 pm in Olm Fellowship Hall—Fairhaven Lecture Series

Tuesday, March 25th—Breakfast/Lunch Outing to Jessica's Family Restaurant. Transportation will leave the front lobby at 9:45am. If interested in going, please sign up at the front desk by Friday, March 21st.

Tuesday, March 25th at 10:45 am in Olm Fellowship Hall—Chair Exercise (no chair yoga today)

Tuesday, March 25th at 6:00 pm in Olm Fellowship Hall—Bingo

Wednesday, March 26th at 10:00 am in the Piano Lounge—Pet Therapy visits w/ Karen and Ezzy

Wednesday, March 26th at 1:00 pm in Olm Fellowship Hall—Friends of Fairhaven presents the Whitewater Warblers! Whitewater Warblers will be presenting their "Silly song Show." It is filled with many songs that will bring some joy to your day. They include a couple of song parodies written by member Dick Enstad in addition to some informative tidbits to increase your vocabulary. They hope you will be able to join them.

Thursday, March 27th from 10:00-11:00 am in the Whitewater Conference Room—Free blood pressure screenings from Wellness Staff with Fort Healthcare

Thursday, March 27th at 2:05 pm in Olm Fellowship Hall—Milwaukee Brewers @ New York Yankees game. Come on down for the first game of the year and enjoy it on the big screen while having some nachos and beverages.

Thursday, March 27th at 5:30 pm in the Piano Lounge—Pet Therapy visits w/ Janesville/Beloit Kennel Club

Thursday, March 27th at 6:15 pm in Olm Fellowship Hall—Ice Cream Social w/ members of the UW-W Track & Field team. Intern Erin is a member of the track team.

Friday, March 28th at 1:15 pm in Olm Fellowship Hall—Bingo



Fairhaven Lecture Series - Spring 2025
Mondays, 3:00 p.m. in Fellowship Hall

Remarkable Women

What can we learn about the leadership of women in business, art, activism, and sport and how their accomplishments have shaped who we are today? The stories of these women across the world intrigue us, inspire us, and they remind us how their creativity and perseverance continue to impact our lives. Join us this spring as we examine a series of remarkable women across the globe and throughout history.

March 17	Edna Ferber: Middlebrow Authos, Copyright Pioneer —Erica Moulton, Assistant Professor, Literature, Writing, and Film
March 24	Why Have There Been No Great Women Artists? —Ashley Dimmig, Director, Crossman Gallery
March 31	Women and the American Philanthropic Tradition —Ruth Hansen, Associate Professor, Management

We want to remind all that the Fairhaven Bus will be running like normal with a pickup at 803 Burr Oak and 875 Acorn Ridge at 2:35. Please sign up for these rides and return ride will happen immediately following the lecture.

All lectures are free and open to the public and are held on Mondays at 3 p.m. in the Olm Fellowship Hall of [Fairhaven Senior Services, 435 West Starin Road, Whitewater](#). Street parking is adjacent to the building. Masks may be required in common areas at Fairhaven Senior Services. Please be prepared on arrival. Unable to attend? Links to videos of lectures, can be found at <http://www.uww.edu/ce/fairhaven>.

Cloisonne Display – and More to Come!

The late Brian Beck was a long time Fairhaven resident who was well known for his creativity and multiple interests. We have recently put part of his Cloisonne collection in the 3rd Floor AA china cabinet. More of it will be put out in time, and we'll let you know where it is. Brian left the following information about Cloisonne and his donation.

“Cloisonne is a style of decorating objects (vases, etc.) which originated in China. In this craft, the surfaces of the objects are decorated with enamel separated by wire “walls.” (The name is French and means “partitioned off.”) First, the craftsman solders tiny brass wires onto the object, in patterns. Then he places various-hued enamel within each “partition.” This is then fired and glazed. All these steps, of course done by hand, are painstakingly precise. As a result, many people worldwide enjoy the results which aesthetically blend demandingly meticulous craftsmanship with refreshingly exuberant design.

In the late 1980's, resident Brian Beck traveled to East Asia. In Singapore and Hong Kong, he was able to acquire a variety of the objects thus decorated. These included vases, plates, small boxes, bowls, and the like, in colors of green, blue, brown, golden-yellow, and in varied patterns. Brian intentionally over purchased (prices were reasonable, selection was quite varied, shipping was available), in order to seize this unique opportunity to later share pieces of cloisonne with friends, with colleagues, and then in 2013-especially satisfying with Fairhaven residents and personnel.”



March Resident Council Update

Hallway Clearance and Safety

Hallway clearance and safety is an extremely important part of everyone's safe travels and movement in the building we live in and frequent. It is also a very serious component of compliance with local and state fire regulations. Cardboard boxes, books, and other items should NOT be placed in the hallways for storage or disposal. Please make sure your discarded items are placed in recycling and garbage disposal room locations designated on every floor or hallway.

Resident/Volunteer of the Month nominations are always welcome!

So many residents and non-residents are regular contributors of time, effort and energy provided to various programs and services offered at Fairhaven Community's Prairie Village and Fairhaven. If you see some one you believe should be recognized and thanked for their efforts, please leave a written nomination with your thoughts and ideas at the Front Desk, in the Resident Council mailbox, or email to Chris Lange at dieselman2010@att.net.

The Fairhaven Employee Christmas Fund accepts contributions to our interest bearing account at anytime. You may give them to the Fairhaven front desk, to Neil Aiken, or can be sent to Karen Christofferson at 873 Burr Oak Trail, Whitewater. If you would like a confirmation or receipt please request one at the time of the contribution.



Your Resident Council is an excellent way for PV and Fairhaven residents to learn about and communicate with your fellow residents, staff, and leadership. Whether in conversations, via Community Suggestion box, or open questions consider joining us at a monthly meeting. Held the third Thursday of each month in Olm Fellowship hall at 9:30 am, all are welcome to come listen and participate. Our next meeting is scheduled for Thursday, March 20.

Little Free Libraries

Little Free Libraries are located in Prairie Village at the connector trail between Acorn Ridge and Burr Oak Trail, and at Fairhaven in the lobby by the card tables. Both continue to be supplied with materials of many diverse and interesting subjects. Please check them out to see what may peak a surprising interest in your heart and mind.

All Books Have a Home

You may have noticed an additional sign on top the Fairhaven Little Free Library: "Please do not return any library books here. Thank you!" This results from books found there that belong to the Fairhaven, Prairie Village, or Whitewater libraries. Books in any Little Free Library don't belong to anybody so they can be taken from or returned to any Little Free Library. Library books should be returned to the Library where they came from. Again, thanks.

Do You Have Materials for Our Bulletin Boards?

The Resident Council is responsible for the AA, D, and Lower Level Bulletin Boards. We have a great collection of calendar pages and posters but are always interested in new items. Should you have anything that you'd like to share, please leave those items at the Front Desk with a note to get it to Kathy Ross. We won't guarantee its immediate use but will appreciate your adding to our options. Special thanks to Janet Hardt, Leisure Services, for contributing the "Reading Women" display, which was a great display on the "D" bulletin board during January and February. Thanks to Fairhaven resident Ed Schweitzer, we currently have a wonderful collection of Wisconsin photos on all three bulletin boards.

Resident Council Continued...

Lots of Large Print Books, Thanks to the Dwight Foster Public Library

We are very grateful to the Dwight Foster Public Library (that is, the Fort Atkinson Library) who asked Brian Robinson if we were interested in some large print books. Well, of course, we were! None of us were expecting the number of books we received and their great condition. Several boxes of them remain in the Fairhaven Library and another box is in the AA Lounge. Please help yourself- they do not need to be returned to the Library. Some are already in the Prairie Village Library or will make it to those shelves. If any of you know anyone associated with the Fort Library, please thank them for their wonderful contribution.

Friends of Fairhaven/Mini Mart Update, March 2025

The Warblers are in Olm Fellowship Hall on March 26 at 1:00. Please see the daily schedule elsewhere in this newsletter for a program description. We hope you can join us and, as some of you know, we will be glad to accept your donations at the door. Thank you in advance!

If you've ever wondered what happens to the proceeds from Mini Mart sales, please read the poster on the wall behind the desk. It's a list of how we have used that money over the past two years. And again, our thanks.

Please know that there would not be a Mini Mart without the dedicated service of our volunteers. Should you want to know what it takes to be a volunteer, come visit the next time we're open. It's a great way to help others and support the Mini Mart.

Practical and fun items best describe the Mini Mart's inventory. Drop by to see what we have that you may be able to use- and we do have St Patrick's Day items.

 The Mini Mart, located on Fairhaven's Lower Level, is open Monday and Wednesday afternoons 12:30-3:00. It is open to all residents, employees, and guests. A long-time project of the Friends of Fairhaven, it is an all-volunteer effort. We appreciate your support since your purchases fund our donations that benefit all residents.

CURRENT EVENTS & IDEAS

Part of the purpose of our discussion group is getting to know one another and we will be doing some one-on-one dialogues in coming months as well as our usual array of interesting topics. We welcome you to join us each Tuesday afternoon 2:00-3:00 in Olm Hall.

Ash Wednesday

Ash Wednesday is the beginning of Lent, a time for Christians to examine their own lives and to prepare for Holy Week. On Wednesday, March 5 at our 11:00 a.m. worship service in Fellowship Hall, we will make the imposition of ashes available to everyone present. If you would like to receive the ashes and are unable to attend the service, please contact chaplain Luke beforehand and he will bring them to you.



March SEP Team Resident Newsletter: March is Eye Wellness Awareness Month

Keeping up with regular eye exams allows your ophthalmologist to catch problems early. The sooner a problem is detected, the more likely it can be treated. This is especially important for those who are over the age of 65.

During regular eye exams, your ophthalmologist checks for age-related eye diseases, including:

- age-related macular degeneration
- diabetic retinopathy
- Glaucoma
- cataract(s)

An interesting fact: ophthalmologists can identify other health problems such as diabetes or stroke through eye exams.

Even without eye disease, an ophthalmologist can help detect age-related vision changes that complicate your daily activities and routine. Simple adjustments around the house can improve quality of life and help prevent slips, trips, and falls despite moderate vision changes and regular eye exams with an ophthalmologist help protect your remaining healthy vision.



Shining Star/Good Deeds

- Shelly Kavanaugh – Housekeeping
You rushed to get help quickly to help a resident who was in distress. Way to make a good decision/call
- Jerry Hall – Maintenance
Numerous residents complimented Jerry during the moves to 4th Floor. Comments were that he does amazing work ensuring phones and cable boxes got activated. So patient and courteous.
- Laura Olivares – Nursing
Laura has made it a point to help Dining Services staff in the 4th Floor dining room on the PM shift. It is great to see Departments helping each other.
- Shannon Schoville – Administrative Assistant / Marketing
Came in on a Saturday to fix the Sara System when pages were not coming through.
- Tena Engels - Receptionist
Tena makes life easier for all of us with her thoughtfulness and everyone needs to come down daily to see what she is wearing. Her butterflies are also a great attraction! Signed Peggy Hooper, Resident
- Janet Hardt – Leisure Services
After noticing the computer company was going out of business, I mentioned to Brian I was going to miss working the computer challenges that I did every morning. I don't know any one else that uses it? This week Janet Hardt stopped in my apartment with a couple "Sudoku" books with pencils and a sharpener. Something to challenge by brain! Where also would this happen? Thanks whoever is responsible! Another reason I live at Fairhaven!! Signed: Charlotte West